

**Nebraska DHHS Division of Behavioral Health
Prevention Advisory Council**

February 13, 2019 – 9:00 a.m. to 12:00 p.m.

Nebraska State Office Building, 301 Centennial Mall South, Lower Level B, Lincoln, NE 68509

Meeting Summary

Meeting Participants: Susan Adams, Mindy Anderson-Knott, Lindsey Anderson, Amanda Drier (call in), Kerry (call in for Stefanie Creech-Will), Teri Effle, Tiffany Gressley, Jessica Haebe (call in), , Julia Hebenstreit, Megan Hopkins, Alian Kasabian, Kailey Kocourek, Ann Koopman, Scott Linder, Gwen Lorenz, Kelly Madcharo, Sandy Morrissey, Erin Payne, Felicia Quintana-Zinn, Lex Ann Roach (call in), Jamie Rodriguez (call in), Shannon Sell, Scott Stemper, Tyler Stracke (call in), Davidson Wissing, Lindsey Witt-Swanson, Jona (call in for Crystal Fuller).

Welcome and Introductions

Lindsey Anderson

Lindsey welcomed everyone and briefly went over the agenda. Please see the attached slide show that was presented during the meeting.

PFS, YSP, STR/SOR Update

Lindsey Anderson & Susan Adams

Sue gave the Federal Block Grant update. In the Block Grant, 20% of the grant was set aside for prevention. One of the changes for regions is that it is now going to be 60% evidence based. When we set out, we were looking for standards. Now we are trying to move in the same direction on all funding.

We are now in the last year for the GLS Youth Suicide grant. We are looking at sustainability for grant planning. How do we maintain training? Who has left that was trained and who needs to be trained? We are working with NE Suicide Prevention and we are also trying to work with the Suicide Prevention Resource Center. We have a current contract with Bryan Health which is a pilot project to follow up on suicide attempts. We have no data yet as so new and we do not know if it is sustainable.

Per Julia, the state is working with BHECN who just got 3 large federal grants. One of the grants is piloting different trainings and covers a 4 state Region – NE, IA, KS and MO. Julia recommends we contact Brent Conn or Brandy Clark to get more information. Lindsey will reach out to them. Sue will also follow up with Tamara.

Lindsey stated that the STR/SOR grants are starting to overlap. We are also partnering with Nebraska Broadcaster's association and Public Health For a statewide media campaign which will use CDC's Rx Awareness campaign.

When you are working with EBP activities for Prevention funding, work with your fiscal teams so they know when creating the reimbursement request, what should be listed as EBP and what should be listed as non-EBP/Other..

Each Region stated what they are working on right now regarding PFS grant activities.

Please see the slide regarding NPIRS. Also understand the population served vs. the operation reached. NPIRS reports should be available soon. It should go live within the next month.

Update to Evaluation Process and Planning

Mindy Anderson-Knott

Mindy and Lindsey will be meeting with coalitions to evaluate plans. Per Mindy, they are working to get data documents, or "epigrams", finalized by June.. If you have any specific data needs or interests, speak with Lindsey or Mindy. This will also be discussed during each evaluation meeting with the coalitions. Additionally, work on a refined list of approved Nebraska PFS activities will be worked on by the EBP workgroup. The hope is

to set up coalitions with all the materials they need in order to create a strong Year 2 workplan. She needs to know what she can provide to you? What kind of reporting is the most useful and in what format? Every coalition may be different as to what they need. Are they giving data that you do not need? The site visits will be scheduled for August.

Data needs from Coalitions/Regions

Lindsey Anderson

On August 7th and 8th DBH will be holding an alcohol and marijuana prevention workshop. Jason Kilmer will be presenting on these topics on the 7th. On the 8th there will be PFS Year 2 Work Plan sessions. We are open to ideas for the agenda. The 7th will be open to any that want to come. It was suggested that the work plan sessions be moved to the 8th instead of the 6th so they could hear the speaker first to get ideas.

OCR Prevention Survey

Felicia Quintana-Zinn

Felicia presented the results from the prevention survey – please see attached slides. Please let Felicia know if there is a certain person to contact about Nalaxone distribution in your region. Public Health does have a definition for Drug Overdose but does not have a definition for Suicide Attempt at this time. The work group is trying to make it easier to pull data.

Public Health has a 3 year grant with OCR funding which is available to Health Departments. Per Felicia, they still should work with their regions. The funding is to help with Crisis Response Plans. They are trying to establish linkage to care and treatment. They are also trying to establish protocols and policies for E.R. overdoses. They need to know what is feasible and not feasible.

NYAAOS Presentation

Lindsey Witt-Swanson

Lindsey presented a study they completed with 19-25 year olds regarding their alcohol consumption and marijuana use. They had 1,967 people complete the survey which was a 16.7% response rate. The main reason this age group choose to drink was to “have fun time with friends.” Binge drinking went down compared to previous years when the study was done.

Evidence-Based Practices, Programs, and Policies Workgroup

Lindsey Anderson

Please see the slides regarding this workgroup. Thank you to those of you that have signed up to participate. If you are interested in being a part of this workgroup, please email Lindsey.

Next Steps and Adjournment

Lindsey Anderson

The next PAC meeting will take place on May 14, 2019 and it will be held at the Lancaster County Extension from 9-12.